

# Dick Lugar Health and Fitness Award

An annual highlight of the Lugar Fitness Festival is the presentation of the Dick Lugar Health and Fitness Award, given in memory of Senator Lugar's friend, Ray Sears. The Dick Lugar Health and Fitness Award was originally established in 1984 as the Vitae Bone Award to honor professionals and volunteers from across Indiana who have made outstanding contributions to their communities in promoting fitness and health awareness and education. In 1990, the Vitae Bone Award was renamed the Ray Sears Award for Good Health and Good Living, and in 1997 it became known as the Dick Lugar Health and Fitness Award Given in Memory of Ray Sears.

Ray Sears, holder of the 1934 record for the indoor two-mile, was a track and field coach at Butler University for four years. In his tenure on President Reagan's Council on Physical Fitness, Governor Bowen's Council on Fitness, as a coach at Marion High School, and as a boy scout leader, Mr. Sears shared the Senator's appreciation for good health and fitness. Although he passed away in April of 1989, his enthusiasm and dedication to good health lives on in all the lives he touched. In honor of Ray Sears' life and commitment to physical fitness and health, Senator Lugar will once again present the Dick Lugar Health and Fitness Award during the awards ceremony following the Dick Lugar Community Run, Walk and Corporate Challenge on Saturday, September 18, 2004.

Recipients of the award are chosen by a selection committee. Each year, the committee receives many nominations from around Indiana, applauding professionals and volunteers whose dedication and commitment to fitness and health awareness enrich their communities. Through teaching, encouraging and exemplifying healthy lifestyles, these Hoosiers offer an enduring legacy to the individuals they help.

**Nominations are due Wednesday, September 8, 2004.**

Nominee: \_\_\_\_\_

Phone number and address of nominee: \_\_\_\_\_

\_\_\_\_\_

Submitted by (include phone number): \_\_\_\_\_

On a separate piece of paper, please explain the nominee's contributions to health and fitness. You may also include the nominee's resume, curriculum vitae or other pertinent information.

Please mail or e-mail nominations to:

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